

GWINNETT SENIOR GOLDEN GAMES

WALKING



RULES

- Athletes compete in five (5) year age increments and by gender.
- Mobility aid athletes will be awarded medals based on their age group, time and specialized mobility category.
- Unaided athletes will be awarded medals based on their age group/gender and time.
- Athletes may walk with a variety of age groups as well as male and females may walk at the same time.
- Athletes must register at sign in table and receive a number to pin visibly on the front of their shirt/jacket.
- Athletes will be timed by individual timers.
- One foot must be on the ground at all times. A fast pace walk is acceptable. No skipping, jogging, hopping, jumping or running permitted.
- Time begins as indicated by the starter and finishes when athlete crosses the finish line.
- Medals will be awarded at the end of the competition.

- In the event of a tie, dual medals will be awarded.
- Decision of the event manager is final.

Revised 2/14/2017